## Danville Congregational Church UCC Anti-Racism | Black History—Black Futures Month | Lenten Devotional Calendar

February 2021									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	It's Black History Month! Read biographies of Black people who have contributed to our world. Here's a list to get started	2 Start a racial justice journal, to record your reflections on each day's actions. Begin by reflecting on your own racial/ethnic ancestry and how it informs your life.	Take time to learn more about Black history from KQED's lineup of great shows! <u>Click here</u> to see what's planned and pick at least one to watch.	Make time to read any two Biblical stories where Jesus serves and honors the marginalized. Consider Luke 14, Matthew 25, Luke 6.	5 Have a child in your life? Read or purchase a book that celebrates Black History Month. Here's a list of recommended titles.	Virtually visit the Oakland Museum's Black Power exhibit.			
Participate in today's Coffee Chat after church! Link in today's Worship bulletin.	Read about its origin and meaning.	The Bible has inspired many songs written by African Americans. Listen to Precious Lord, by Tommy Dorsey, and learn more about the composer.	How much Black history do you know? Take this quiz to find out!	On this day in 1990, Nelson Mandela was released from 27 years in prison in South Africa. Read more about his remarkable life here.	12 Virtually explore the National Museum of African American History and Culture	Research and consider donating to organizations related to the education of Black students. Ideas include AAREA, Thurgood Marshall College Fund, or the NAACP Ed Fund.			
God's circle of love is infinite and all-inclusive. Reflect and open your heart today to those in Creation who are outside your circle of love.  Valentine's Day	Listen to Amanda Gordon's inaugural poetry and reflect on its meaning in your journal.  Presidents' Day	Understanding where we have been and not repeating mistakes is the basic tenet of the African concept of Sankofa.  Learn more about it here.	Learn about the history of hip-hop music, a genre that emerged in the Bronx, New York City, in 1970.  Ash Wednesday (DCC Service at 7:30pm)	18 Explore the UCC's Racial Justice webpage and look over the church's stance on this issue. Reflect on its meaning in your journal.	19 Watch the movie 13 <sup>th</sup> on Nefflix. List one reflection on the film in your journal.	Research local small businesses owned by people of color. Patronize at least one.			
Participate in today's Coffee Chat after church! Link in today's Worship bulletin.	Read the guiding principles of the Black Lives Matter movement in this article from their webpage.	23 Interview someone older than you or someone younger than you about what civil rights actions they have seen in their lifetimes.	24 So many of God's children are caring for our world. Check out three of these biographies of Black environmentalists.	25 Read about <u>Dr. Kizzmekia</u> <u>Corbett</u> , the Black researcher behind the COVID-19 Vaccine.	26 Listen to the podcasts from the 1619 Project to learn how slavery has shaped the US.	27 Consider testing your implicit bias using Harvard University's Project Implicit test.			
28 Consider your level of white privilege by using Pegay McIntosh's checklist based on her work on unpacking the invisible knapsack of privilege Lent 2: Resipiscence									

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March 2021									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
	It's Women's History Month! Read about the contributions of these women of color to our society in this article.	Learn about what microaggressions are. Read this article and be honest with yourself about a microaggression you have enacted. Seek to understand where in you it came from.	How many of these notable African American women do you know?  Take this quiz!	God loves diversity in all of creation; yet is it easy to only associate with people like ourselves. Go out of your way to make contact with someone different from you. Read Ephesians 2:11-22.	Watch a movie that addresses racism like: Loving, Hidden Figures, Free State of Jones or Zootopia.	Assess your finances. Consider setting up recurring donations at an amount and frequency which works for you to civil rights groups like the ACLU, SPLC or the IRLC.			
Reflect in your journal about your willingness and limits as an ally-safe space for a person being harassed. Lent 3: Reformation	Make a plan for how you can respond to racist jokes or comments from family or coworkers. Practice what you will say, or role play with someone.	Read through the stages in Helms' White Racial Identity Development model. Consider what each may sound or look like in action.	Refugee displacement and hunger relate to damage to God's creation. Spend time thinking about actions to support these issues.	During this 100th year of women's suffrage, read about the role and impact of <u>Black sororities</u> in the movement.	We are all victims of white supremacy culture. Read this article on what that means and reflect in your journal on its meaning in your life.	Begin the process of giving away unneeded clothes, housewares and other goods to people who need them. Collect a bag of donations and bring it to a donation center.			
Consider whom in your life has taught you about justice. Write them a letter thanking them for how they did so—be specific. If they are alive, send it. Lent 4: Restoration	15 Listen to music by musicians of color or music in a different language.	16 Talk with someone whose life or views differ widely from yours. Practice building understanding without minimizing oppression.	Have your legislators spoken out against oppression and white supremacy? Research your local representatives and understand their views.	18 Subscribe to a website that can regularly send you information about antiracism work; Consider Showing Up for Racial Justice or White Nonsense Roundup.	Listen to Brene Brown's podcast on the differences between guilt and shame. Seek ways to avoid the destructive aspects of shame.	Buy your groceries this week at a shop that is owned by people of color.			
Rest today. Take a break from TV, the internet and social media. Reflect on the gifts you have in your life, and write in your journal things you are grateful for. Lent 5: Reconciliation	Draw a picture in your journal of the kind of world you want to live in that includes racial justice	Consider how your workplace structure might limit the voice or power of people of color. How can your privilege best combat this?	Buy a book to learn more about white supremacy. Consider White Fragility. Caste. White Like Me. or Disrupting White Supremacy.	Pray for public servants and the communities they serve. Research what safeguards your local and state police have in place to prevent bias and brutality.	26 Ask a Jewish friend teach you Hashkiveinu, and welcome the Sabbath with this prayer for a shelter of peace.	Por Easter baskets this year, consider buying items from local businesses owned by people of color			
Reflect on the characteristics of the "Beloved Community" in this essay from the United Methodist Church. What could you do to support? Palm Sunday: Resistance	Read Psalm 31. As we enter Holy Week, may we recognize the lament, grief and despair of the marginalized around us. May we pray and cry out for God frusting that we are heard.	Write in your journal one point of hope or joy in the world that you are inspired to celebrate this Lent.	31 Find one action or reflection you skipped and do it now. If you have managed to do them all, repeat an action.	April 1 Offer a prayer of gratitude for the new life Christ offers for disrupting white supremacy and promoting equality.	2 Good Friday Read John 13:1-17, 31-35. Read as Jesus institutes the Last Supper and washes the disciples' feet. How can we show love to all as Christ asks us to? Write your commitment to show love to all in your journal.	Read Hebrews 4: 14-16. May we confess all we have done and all that we have failed to do, willing to be made new in Christ.			
4 Easter Sunday Choose one of the practices of this Lent that may be meaningful for you to adopt in the year ahead. Write down your choice, and share your commitment with a friend or family member.			vork of Anti-Racism, le raying and working fo		onoring Black History,				